

General Assembly

Raised Bill No. 229

February Session, 2014

LCO No. 1378



Referred to Committee on COMMITTEE ON CHILDREN

Introduced by: (KID)

AN ACT CONCERNING SUDDEN CARDIAC ARREST PREVENTION.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- 1 Section 1. (NEW) (Effective October 1, 2014) (a) For purposes of this
- 2 section and sections 2 to 4, inclusive, of this act, "intramural or
- 3 interscholastic athletics" shall include any activity sponsored by a
- 4 school or local education agency, as defined in section 10-15f of the
- 5 general statutes, or an organization sanctioned by the local education
- 6 agency that involves any athletic contest, competition, demonstration,
- 7 display or club activity.
- 8 (b) For the school year commencing July 1, 2015, and each school
- 9 year thereafter, the State Board of Education, in consultation with (1)
- 10 the Commissioner of Public Health, (2) the governing authority for
- 11 intramural and interscholastic athletics, (3) an appropriate
- 12 organization representing licensed athletic trainers, and (4) an
- 13 organization representing county medical associations, shall develop
- or approve a sudden cardiac arrest awareness education program for
- use by local and regional boards of education. Such program shall be
- implemented in each public school and published on the State Board of

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Education's Internet web site and shall include: (A) The warning signs and symptoms associated with a sudden cardiac event, (B) the risks associated with continuing to engage in intramural or interscholastic athletics after exhibiting such warning signs and symptoms, (C) the means of obtaining proper medical treatment for a person suspected of experiencing a sudden cardiac event, and (D) the proper method of allowing a student who has experienced a sudden cardiac event to return to intramural or interscholastic athletics.

- (c) For the school year commencing July 1, 2015, and each school year thereafter, the State Board of Education shall prohibit a student from participating in any intramural or interscholastic athletics unless the student, and a parent or guardian of such student, completes the sudden cardiac arrest awareness education program developed and implemented pursuant to subsection (b) of this section.
- (d) (1) On or before July 1, 2015, the State Board of Education, in consultation with the organizations described in subdivisions (1) to (4), inclusive, of subsection (b) of this section, shall develop and approve an informed consent form to distribute to the parents and legal guardians of students involved in intramural or interscholastic athletics regarding sudden cardiac events. Such informed consent form shall include, at a minimum, (A) a summary of the sudden cardiac arrest awareness education program described in subsection (b) of this section, and (B) a summary of the applicable local or regional board of education's policies regarding sudden cardiac events.
- (2) For the school year commencing July 1, 2015, and each school year thereafter, any person who holds or is issued a coaching permit by the State Board of Education and is a coach of intramural or interscholastic athletics shall, prior to commencing the coaching assignment for the season of such school athletics, provide each participating student's parent or legal guardian with a copy of the informed consent form described in subdivision (1) of this subsection and obtain such parent's or legal guardian's signature, attesting to the

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fact that such parent or legal guardian has received a copy of such form and authorizes the student to participate in the intramural or interscholastic athletics.

- Sec. 2. (NEW) (Effective October 1, 2014) (a) (1) For the school year commencing July 1, 2015, and each school year thereafter, any person who holds or is issued a coaching permit by the State Board of Education and is a coach of intramural or interscholastic athletics shall complete an initial training course regarding sudden cardiac events, developed or approved pursuant to subdivision (1) of subsection (b) of this section, prior to commencing the coaching assignment for the season of such intramural or interscholastic athletics.
- (2) For the school year commencing July 1, 2016, and each school year thereafter, any coach who has completed the initial training course described in subdivision (1) of this subsection shall annually review current and relevant information regarding sudden cardiac events, prepared or approved pursuant to subdivision (2) of subsection (b) of this section, prior to commencing the coaching assignment for the season of such intramural or interscholastic athletics. Such annual review shall not be required in any year when such coach is required to complete the refresher course, pursuant to subdivision (3) of this subsection, for reissuance of his or her coaching permit.
- (3) For the school year commencing July 1, 2017, and each school year thereafter, a coach shall complete a refresher course, developed or approved pursuant to subdivision (3) of subsection (b) of this section, not later than five years after completion of the initial training course, as a condition of the reissuance of a coaching permit to such coach. Such coach shall thereafter retake such refresher course at least once every five years as a condition of the reissuance of a coaching permit to such coach.
- (b) (1) On or before July 1, 2015, the State Board of Education, in consultation with the organizations described in subdivisions (1) to (4),

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inclusive, of subsection (b) of section 1 of this act, shall develop or approve a training course regarding sudden cardiac events. Such training course shall address, at a minimum: (A) The warning signs and symptoms associated with sudden cardiac arrest, (B) the risks associated with continuing to engage in intramural or interscholastic athletics after exhibiting such warning signs and symptoms, (C) the means of obtaining proper medical treatment for a person suspected of experiencing a sudden cardiac event, and (D) the proper method of allowing a student who has experienced a sudden cardiac event to return to intramural or interscholastic athletics.

- (2) On or before July 1, 2016, and annually thereafter, the State Board of Education, in consultation with the organizations described in subdivisions (1) to (4), inclusive, of subsection (b) of section 1 of this act, shall develop or approve annual review materials regarding current and relevant information about sudden cardiac events.
- (3) On or before July 1, 2017, the State Board of Education, in consultation with the organizations described subdivisions (1) to (4), inclusive, of subsection (b) of section 1 of this act, shall develop or approve a refresher course regarding sudden cardiac events. Such refresher course shall include, but not be limited to, (A) an overview of key recognition and safety practices, (B) an update on medical developments and current best practices in the field of sudden cardiac arrest prevention and treatment, and (C) an update on new relevant federal, state and local laws and regulations.
- Sec. 3. (NEW) (Effective October 1, 2014) (a) (1) The coach of any intramural or interscholastic athletics shall immediately remove a student from participating in any intramural or interscholastic athletics who is observed to exhibit signs, symptoms or behaviors consistent with a sudden cardiac event. Not later than twenty-four hours after such removal the coach shall inform the student's parent or legal guardian that the student has exhibited such signs, symptoms or behaviors consistent with a sudden cardiac event.

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(2) The coach shall not permit such student to participate in any supervised athletic activities involving physical exertion, including, but not limited to, practices, games or competitions, until such student (A) receives written clearance to participate in such supervised athletic activities involving physical exertion from a licensed health care professional trained in the evaluation and management of cardiac events, and (B) provides to the coach an informed consent form, prescribed by the State Board of Education and signed by the student's parent or legal guardian, attesting that such parent or legal guardian authorizes the student athlete to participate in intramural or interscholastic athletics.

(b) For purposes of this section, "licensed health care professional" means a physician licensed pursuant to chapter 370 of the general statutes, a physician assistant licensed pursuant to chapter 370 of the general statutes, an advanced practice registered nurse licensed pursuant to chapter 378 of the general statutes or an athletic trainer licensed pursuant to chapter 375a of the general statutes.

Sec. 4. (NEW) (*Effective October 1, 2014*) The State Board of Education may revoke the coaching permit, in accordance with the provisions of subsection (i) of section 10-145b of the general statutes, of any coach found to be in violation of any of the provisions of sections 2 and 3 of this act.

This act shall take effect as follows and shall amend the following sections:		
Section 1	October 1, 2014	New section
Sec. 2	October 1, 2014	New section
Sec. 3	October 1, 2014	New section
Sec. 4	October 1, 2014	New section

Statement of Purpose:

To establish a sudden cardiac arrest awareness education program to educate students, parents and school staff about the dangers of sudden cardiac events during intramural and interscholastic athletics.

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[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]

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